



HURONIA TRIATHLON DUATHLON and KIDS of STEEL

Sunday, 10 July 2011
www.huroniatriathlon.com



VOLUNTEER HOURS

Huronian Triathlon is in need of volunteers Sat. July 9th
to help set of bike racks and fencing for the triathlon
9:00a.m. to 1:00 p.m. 4 hours.

Sunday July 10 help with: water stations,
directing runners
collecting timing chips
8:30 a.m. to 12:30 p.m. 4 hours

Sunday July 10 help with take down of fencing and bike racks and
putting them into storage. 12:00p.m. to 4:00p.m.

If you are interested please email healthfitplus@live.ca
Carol MacDonald 705 835 2158

Bring a friend and have fun watching and helping with the triathlon!